

Makes: 4 servings

Prep Time: 30 minutes Cook Time: 10 minutes

Total Time: 40 minutes

Ingredients

- 3 garlic cloves
- 4 anchovies
- 1 & 1/2 ounces Parmesan, divided
- 1 lemon
- 1 cup mayo
- 1 tsp low-sodium soy sauce
- 2 tsp Dijon mustard
- 1 pound boneless, skinless chicken thighs
- Few heads crisp lettuces (like Little Gem, romaine, or chicories)
- 2 tbsp olive oil
- 2 thick slices of crusty bread

Instructions

Finely chop and smash together the garlic cloves and anchovies until a coarse paste forms. Transfer to a medium bowl.

Finely grate 3/4 cup Parmesan (about 1½ ounces) and add 1/2 cup to the bowl. Zest half of the lemon into the bowl. Stir in the mayo, soy sauce, and Dijon mustard.

Transfer half the dressing to a shallow dish. Pat the chicken thighs dry, season with salt & pepper, then add to the dish and turn to coat.

For croutons, heat the olive oil in a skillet over medium-high. Add the slices of crusty bread and toast until golden brown, 2 to 3 minutes per side. Transfer to a cutting board and season with salt. Cut into croutons.



Heat a large nonstick skillet over medium. Add the chicken and cook until golden brown and juices run clear, about 6 minutes per side. Transfer the chicken to a cutting board.

Separate the leaves of the lettuces and toss into a big bowl. Squeeze half the lemon (about 1 1/2 tablespoons) over the greens, sprinkle with salt, then toss to combine. Add the remaining dressing and remaining 1/4 cup Parmesan and toss to combine. Thinly slice the chicken. Add to the salad and season to taste with salt and pepper, lemon, and Parmesan. Sprinkle croutons over and serve.

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