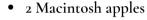


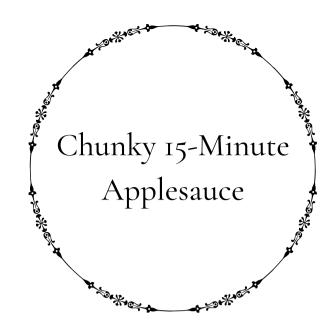
Makes: 2 cups

Prep Time: 5 minutes Cook Time: 10 minutes

Total Time: 15 minutes



- 2 Granny Smith apples
- 1 cup water
- Juice of 1/2 lemon
- 1/2 cup sugar
- 1/2 tsp cinnamon



Peel, halve and core all apples. Cut into 1-inch chunks. Combine apples, water, and lemon juice in deep microwave-safe 3-quart bowl.

Toss sugar and cinnamon together in a small bowl, and stir into apple mixture.

Cook uncovered for 5 minutes on high in microwave. Stir, pressing apples into liquid and then cook for 5 more minutes. Using a potato masher, coarsely mash apples, stirring them into liquid.

Cool to room temperature, then cover and refrigerate. Eat within one week.