

Serves: 3 & 1/2 cups Total Time: 15 minutes



- 1 & 1/2 pounds frozen mixed berries
- 3/4 cup sweetened condensed milk
- 1/2 tsp vanilla extract
- Kosher salt

In a food processor, pulse the fruit with the sweetened condensed milk, vanilla and a generous pinch of salt until the fruit is finely chopped. Puree until desired smoothness, 2 to 3 minutes (I like small chunks of the fruit, but if you like it smoother, process longer). Scrape down the side of the bowl as needed. Serve immediately or transfer to a metal loaf pan, cover and freeze until just firm.

Chef's Notes:

This can be frozen for up to 1 week. Let stand at room temperature for 10 minutes before serving.

You can also substitute frozen strawberries, mangoes or blueberries.