



Makes: 6-8 servings
Prep Time: 15 minutes
Total Time: 20 minutes

Ingredients

- 4 cups romaine, arugula or spinach leaves
- 1 cup fresh corn kernels or diced mango (or combination)
- 1/2 cup chopped red bell pepper or sliced cherry tomatoes
- 1/2 cup shredded carrots, diced orange bell pepper or sliced oranges
- 1 cup sliced cucumbers, celery, or diced avocado
- 1 cup thinly sliced purple cabbage or blueberries
- 1/3 cup dried cranberries
- 1/2 cup candied almonds, pecans, or cashews

Dressing:

- 1/3 cup light olive oil
- 2 tbsp balsamic vinegar
- 1 tbsp Dijon mustard
- 1 tbsp pure maple syrup
- 2 cloves garlic, minced
- 1 tsp minced fresh thyme
- Kosher salt & freshly ground black pepper

Instructions

Place lettuce into a large serving bowl. Add toppings and gently toss. Cover; refrigerate.

Combine dressing ingredients in a glass jar; seal tightly and shake well.

Shortly before serving, toss salad with dressing.